

## Hillsborough Track & Field Camp



## 2023 Summer Track & Field Clinics

Looking for an exciting summer activity for your young athlete? Look no further than our youth track and field camp!

Our program is designed to introduce and develop athletes in a variety of events, from the 100m to the 800m, Hurdles,
Long Jump, and Javelin! Our experienced coaches provide high-level instruction, focusing on proper technique and
training methods. But it's not all serious business - we also incorporate fun games and team-building activities to
develop well-rounded, team-focused athletes. Join us for a summer of growth, learning, and, of course, plenty of fun on
the track! Each participant will be given a T-shirt!



Directors: Track & Field Performance Clinics

Coach Rich Refi- Head Coach Hillsborough Girls XC/TF Coach Joe Berardi- Head Coach Westfield Girls XC/TF

Coach Travis Mahoney- 3x NCAA All American, 3X Team USA

Who: Grades  $1^{st} - 9^{th} \sim \text{Boys \& Girls}$ 

<u>Dates</u>: Session 1- July 18-20 Rain Date Fri 7/21

Session 2- July 25-27 Rain Date Fri 7/28

<u>Time</u>: 5:00 pm - 8:00 pm

Location: Hillsborough High School Track

Cost (Per Session): \$175 (one child) \$315 (2 in family) \$360 (3 or more family)

Make checks payable to: Hillsborough BOE

Mail payment to:

Rich Refi 47 Whitehall Court Hillsborough NJ 08844

Register (a) (Scan QR Code)

